



Send your completed form to
Pet Health Council, 1 Bedford Avenue, London WC1B 3AU

Be a PETSERCISE case study!

About you and your dog

	Me	Dog
Age		
Weight		
Breed		
Male/Female		

Tell us why you and your dog would like to try Petsercise

	Me	Dog
Improve general fitness		
Lose weight		
Become more toned		
Help recovery after illness		
Spend time with the family		

Contact Details

Name	
Address	
Telephone	
Email	

Could you and your pet do with shedding a few pounds?

Get some **Petsercise**

Get active and healthy

Keep you and your dog fit

Fun for friends and family

Any age, any ability

Get outdoors in the fresh air!



The Pet Health Council is calling all volunteers who want to improve their health, plus that of their pets.

Petsercise aims to encourage people to take action - to improve the fitness of pets and people throughout the UK.

Working with human and animal experts, the Pet Health Council has devised a range of activities for owners and their pets to do together.

Our newly launched *Petsercise* booklet is packed with fun-filled exercises for all abilities and ages!

We'd love to hear about your *Petsercise* experiences - turn over to see how to get in touch.

To receive your *Petsercise* booklet by post, please email phc@uk.grayling.com or download a copy from our website at www.pethhealthcouncil.co.uk

For more information about the Pet Health Council e: phc@uk.grayling.com t: 020 7255 5408

